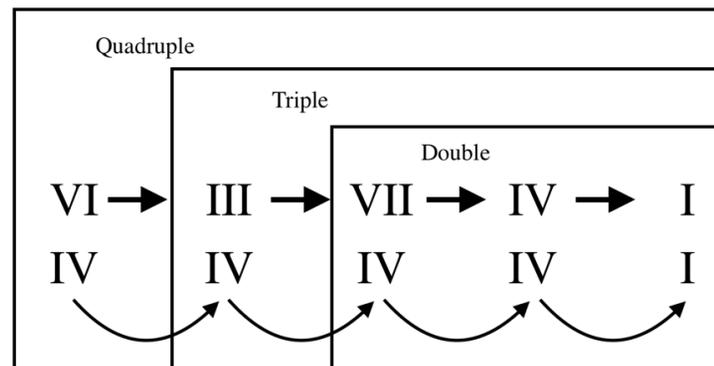


Quadruple Plagal Chord Loops/Progressions*

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Year	Song Title	Artist	Key	Section	Rotation begins on					
2024	Up From The Bottom	Linkin Park	F Dorian	Chorus	VI	VI	III	VII	IV	i
2023	Run Away With Me	Cold War Kids	E Aeolian	Chorus	VI	VI	III	VII	iv	i
2019	Don't Start Now	Dua Lipa	B Minor	Verse, Chorus	iv	VI	III	VII	iv	i
2017	Baby Boy	Mother Mother	D Aeolian D Dorian	Verse, Chorus Bridge	VI VI	VI VI	III III	VII VII	iv IV	i i
2014	Gago	Lucas Lucco	G Minor	Verse	VI	VI	III	VII	iv	i
2014	ABABCd	King Gizzard & The Lizard Wizard	A Mixolydian	Chorus	bVI	bVI	III	VII	IV	I
2007	The Good Left Undone	Rise Against	C# Aeolian	Verse	VI	VI	III	VII	iv	i
2004	Wish I Had An Angel	Nightwish	E Aeolian	Chorus	VI	VI	III	VII	iv	i
1995	England's	Tim Smith	C# Aeolian	Chorus	VI	VI	III	VII	iv	i
1975	Let's Do The Time Warp Again	Richard O'Brien, Richard Hartley	A Mixolydian	Chorus	bVI	bVI	III	VII	IV	I
1971	Bargain	The Who	Bb Mixolydian	Verse and Chorus	bVI	bVI	III	VII	IV	I
1966	Hey Joe	Jimi Hendrix	E Mixolydian	Verse	bVI	bVI	III	VII	IV	I



* Most of these successions function as progressions as they only occur once in any given song section and present the impression of forward motion.

* List compiled by David Dean Mendoza, DMA (University of Miami)

Triple Plagal Chord Loops/Progressions*

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Year	Song Title	Artist	Key	Section	Rotation begins on				
2023	Need a Favor	Jelly Roll	G# Dorian	Chorus	III	III	VII	IV	i
2023	My Kink Is Karma	Chappell Roan	A Mixolydian	Chorus	I	iii	VII	IV	I
2021	All You Do	Magdalena Bay	G Mixolydian	Verse	iii	iii	VII ^{maj.7}	IV ^{maj.7}	I
2020	Feel Me	Selena Gomez	D Aeolian	Pre-Chorus, Chorus	i	III	VII	iv	i
2015	Psycho	Muse	D Dorian	Verse	i	III	VII	IV	i
2015	Irresistible	Fall Out Boy	B Aeolian	Intro, Verse, Pre-Chorus, Chorus	i	III	VII	iv	i
2014	Fucked My Way Up To The Top	Lana Del Rey	G Dorian	Verse, Pre-Chorus, Chorus	i	III	VII	iv	i
2014	Ultraviolence	Lana Del Rey	D Dorian	Chorus	i	III	VII ⁶	IV	i
2013	Monster	Imagine Dragons	F Dorian	Verse, Pre-Chorus, Chorus	i	III	VII	IV	i
2013	Wrecking Ball	Miley Cyrus	D minor	Intro, Verse	i	III	VII	iv	i
2012	Radioactive	Imagine Dragons	B Dorian	Verse, Chorus	i	III	VII	IV	i
2012	Love Interruption	Jack White	E Mixolydian	Chorus	I	III	VII	IV	I
2012	Lucky Strike	Maroon 5	B Dorian	Verse, Pre-Chorus, Chorus, Bridge	i	III	VII	IV	i
2009	New Divide	Linkin Park	F Dorian	Entire Song	i	III	VII	IV	i
2008	Just Dance	Lady Gaga	C# Aeolian	Intro and Verse	i	III	VII	iv	i
2006	What Goes Around Comes Around	Justin Timberlake	A Dorian	Intro, Verse, Pre-Chorus, Chorus	i	III	VII	IV	i
2004	Boulevard of Broken Dreams	Green Day	F Dorian	Verse, Pre-Chorus	i	III	VII	IV	i
2002	Mobile	Avril Lavigne	B Dorian	Verse, Pre-Chorus	i	III	VII	IV	i
2001	How You Remind Me	Nickelback	C Dorian C Aeolian-based	Chorus Outro	i i ⁵	III III ⁵	VII VII ⁵	IV iv ⁵	i i ⁵
2000	I Deserve It	Madonna	A Dorian	Chorus	i	III	VII	IV	i
1998	Fly Away	Lenny Kravitz	A Mixolydian	Chorus	I	III	VII	IV	I
1997	Gone Away	Offspring	F Dorian-based	Entire Song	I ⁵	III ⁵	VII ⁵	IV ⁵	I ⁵
1995	Wonderwall	Oasis	F# Aeolian	Verse	i ⁷	III	VII	iv ⁷	i ⁷
1992	Seminole Wind	John Anderson	E Dorian	Entire Song	i	III	VII	IV	i
1990	Man in the Box	Alice In Chains	Eb Dorian	Chorus	i	III	VII	IV	i
1984	Run To You	Bryan Adams	F# Dorian	Chorus	i	III	VII	IV	i
1982	Mad World	Tears for Fears	F# Dorian	Verse	i	III	VII	IV	i

*Most of these successions are loops

* List compiled by David Dean Mendoza, DMA (University of Miami)

Double Plagal Chord Loops/Progressions*

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Year	Song Title	Artist	Key	Section	Rotation begins on			
2024	Up All Night	James Bay	D Mixolydian	Chorus (vi-VII-IV-I) also (I-VII-IV)	I	VII	IV	I
2024	Cassandra	Taylor Swift	F Dorian	Verse, Pre-Chorus	i	VII	IV	i
2022	Thank You Song	FKA twigs	C Aeolian	Verse	i	VII	iv	I
2022	If You Love Me	Lizzo	A Mixolydian	Verse, Pre-Chorus (I-VII ^{add6} -IV ⁶ -iv ⁶)	I	VII	IV	I
2020	Stupid Love	Lady Gaga	Bb Mixolydian	Verse, Pre-Chorus, Chorus	I	VII	IV	I
2013	I Blame Myself	Sky Ferreira	Ab Mixolydian	Verse, Pre-Chorus (I-VII-VI-I)	I	VII	IV	I
2012	Met Before	Chairlift	E Mixolydian	Verse (I-VII-I-VII-IV)	I	VII	IV	I
2012	One More Night	Maroon 5	F Aeolian	Verse, Pre-Chorus, Chorus	i	VII	iv	i
2012	Gold Trans A024	Kesha	E Mixolydian	Chorus	I	VII	IV	I
2011	Marry the Night	Lady Gaga	A minor	Intro, Verse (i-VII-iv-III-VII)	i	VII	iv	i
2008	No Air	Jordin Sparks	F Mixolydian	Chorus (I-VII-IV-ii-IV-vi)	I	VII	IV	I
2003	I Want to Be the Boy to Warm Your Mother's Heart	The White Stripes	D Mixolydian	Verse	I	VII	IV	I
2003	A Punchup at a Wedding	Radiohead	E Aeolian	Chorus (i-VII-iv-i)	i	VII	iv	i
2000	I Deserve It	Madonna	A Dorian	Intro, Verse	i	VII	iv	i
1998	Swim	Madonna	C# Dorian	Entire Song (i-VII-IV)	i	VII	iv	i
1998	Praise You	Fatboy Slim	Ab Mixolydian	Intro, Verse, Chorus (I-VII-IV-I)	I	VII	IV	I
1993	Cherub Rock	The Smashing Pumpkins	E Mixolydian	Intro, Verse, Chorus (I-VII-IV-I)	I	VII	IV	I
1990	Rescue Me	Madonna	Eb Dorian	Verse, Chorus	i	VII	ivsus4-iv	i
1989	Another Day In Paradise	Phil Collins	F Minor	Intro	i ⁷	VII	iv ⁷	i ⁷
1989	You Got It	Roy Orbison	A Major	Verse (I-VII-IV-I)	I	VII	IV	I
1987	Sweet Child Of Mine	Guns N' Roses	C# Mixolydian	Intro, Verse, Solo (I-VII-IV-I)	I	VII	IV	I
1985	Addicted To Love	Robert Palmer	A Mixolydian	Verse (I-VII-IV-I)	I	VII	IV	I
1983	Borderline	Madonna	D Mixolydian	Verse	I	VII	IV ⁶	I
1979	Comfortably Numb	Pink Floyd	D Major	Chorus (progression is part of larger phrase)	VII	VII ^{add9}	IV	I
1972	I Can See Clearly Now	Johnny Nash	D Major	Verse	VII	VII	IV	I
1971	Won't Get Fooled Again	The Who	A Mixolydian	Verse	I	VII	IV	I
1969	You Never Give Me Your Money	The Beatles	C Mixolydian	Chorus	VII	VII	IV	I
1967	With A Little Help From My Friends	The Beatles	E Major	Chorus	VII	VII	IV	I

1965	I Can't Explain	The Who	E Mixolydian	Verse, Pre-Chorus, Chorus	I	VII	IV	I
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* List compiled by David Dean Mendoza, DMA (University of Miami)